

THEME, SCRIPTURE, REFLECTION, PRAYER, CHALLENGE

DAY 9 MOST CHASTE

In 1998, in an apparition to Edson Glauber, a Brazilian university student, the Child Jesus spoke to Edson about the Most Chaste heart of St. Joseph. Jesus said, "Here in this Heart you will find me living, because it is pure and saintly. That all hearts could be like this one, so they could be my home on earth. Imitate this Heart so that you may receive my graces and blessings."^v

How many hearts are like that of St. Joseph? Lust is the predominant vice at work in the hearts of many men today. The world is filled with immoral and lust-filled actions. These actions greatly offend God, ruin families, and cry out to heaven for justice. The Scriptures give a clear warning about avoiding immorality:

Put to death, then, the parts of you that are earthly: immorality, impurity, passion, evil desire, and the greed that is idolatry. (Col 3:5)

St. Joseph is a powerful intercessor in the battle for purity. If temptations against purity batter your mind, heart, and soul, cling to St. Joseph! St. Joseph is capable of increasing the virtue of chastity in your heart and leading you to true, virtuous love of God and neighbor. The Church needs virtuous and holy priests, and the world needs holy men who love their wives as St. Joseph loved Mary. If men reverence their wives as holy temples, families will be renewed, and the evils of our age that attack the dignity of the human person will be overcome.^{vi}

St. Joseph, Most Chaste, pray that I may grow in the virtue of chastity. Help me to be victorious against lust and triumphant over sin. Fight for me against the wickedness and snares of the devil and help me to take refuge in you.

Pray the [Litany of St. Joseph](#).

Daily Challenge: Honestly and prayerfully confront and expose any lustful thoughts and actions that you entertain or engage in this day, however seemingly harmless, or insignificant, or habitual. Resolve to bring these to the sacrament of Reconciliation.